# SECTION C

The Meal, Ready-to-Eat (MRE) provides an operational ration for the individual.

## C-1 ITEM DESCRIPTION

# ACR-M-023A, MEAL, READY-TO-EAT (MRE), ASSEMBLY REQUIREMENTS

# C-2 ASSEMBLY REQUIREMENTS

A. Components. The components are specified in Table I.

TABLE	Т	Components
TADTE		COMBONETICS

TABLE I. C	Components
Component	Reference
<u>Entrees</u>	
Beef in Teriyaki Sauce with Vegetables	PCR-B-0001
Black Bean and Rice Burrito	PCR-B-0002
Beef Enchilada in Sauce	PCR-B-010
Beefsteak, Grilled, with Mushroom Gravy	PCR-B-030
Beef Patty, Grilled	PCR-B-029
Beef Ravioli in Meat Sauce	PCR-B-021
Beef Roast with Vegetables	PCR-B-035
Beef Stew	PCR-B-020
Chicken Breast Strips with Chunky Style Salsa	PCR-C-0002
Chicken in Thai Style Sauce	PCR-C-0003
Chicken Tetrazzini	PCR-C-018
Country Captain Chicken	PCR-C-019A
Cheese Tortellini in Tomato Sauce	PCR-C-020
Chicken, Noodles and Vegetables in Sauce	PCR-C-021
Chicken Breast Fillet	PCR-C-022
Chicken Breast Fillet, in Tomato Sauce, with	PCR-C-023
Cavatelli	
Chili and Macaroni	PCR-C-027
Jambalaya, with Ham and Shrimp	PCR-J-001
Meat Loaf with Brown Onion Gravy	PCR-M-0001
Pasta with Vegetables in Tomato Sauce	PCR-P-009
Pork Rib, Boneless, Imitation Smoke Flavoring	PCR-P-028
Added	
Spaghetti with Meat and Sauce	PCR-S-0002
Turkey Breast Fillet, Chunked and Formed,	PCR-T-004
Grilled in Gravy with Potatoes	
Vegetable Manicotti in Tomato Sauce	PCR-V-003
Starches and Soups	
Beans, Western	PCR-B-011
Clam Chowder, New England Style	PCR-C-045
Minestrone Stew	PCR-M-004
Noodles in Butter Flavored Sauce	PCR-N-0001
Potatoes, Mashed	PCR-P-011
Rice, Mexican	PCR-R-001, Type II
Rice, Yellow and Wild Rice Pilaf	PCR-R-001, Type III

TABLE I. Compone	nts (cont'd)
Component	Reference
Fruits	DCD 7 0001
Apple Slices in Spiced Sauce	PCR-A-0001
Fruits, Applesauce, Natural	PCR-F-002A, Type I
Fruits, Applesauce, Raspberry Fruits, Applesauce, Carbohydrate Enhanced	PCR-F-002A, Type VI PCR-F-002A, Type VII
Fruits, Wet Pack, Pineapple, Peaches, Pears,	PCR-F-002A, Type II, III, IV or V
or Mixed Fruit.	Ten i ooza, Type II, III, IV oi v
or Mixed Filit	
Desserts	
Chocolate Chip Cookies, Regular, Plain, Crisp	A-A-20295, Type I, Style J, Flavor 1,
	Bake Type a, Class 1, Package C
Chocolate Mint Cookie with Chocolate Chips	A-A-20295, Type I, Style J, Flavor 8,
	Bake Type a, Class 1, Package C
Cookie(s) with Pan Coated Chocolate Disks	PCR-C-031
Fig Bar	A-A-20212, Type III, Flavor F, Style a
Fudge Brownie with Chocolate Drops	PCR-C-007A, Type II, Flavor 1, Style C
Oatmeal Cookie	A-A-20295, Type I, Style I, Flavor 1,
	Bake Type a, Class 1, Package C
Oatmeal Cookie, Chocolate Covered	MIL-C-44072C, Type II
Pound Cake, Vanilla, Pineapple, Lemon Poppy Seed,	
Spice, Almond Poppy Seed, or Pumpkin	8 or 9, Package C
Shortbread Cookie, Plain	A-A-20295, Type I, Style A,
Togetor Dagtry Apple Cinnamon	Flavor 1, Class 1, Package C A-A-20211A, Type I, Style A, Flavor 4,
Toaster Pastry, Apple Cinnamon	Shape A, Servings 1, Class a, Package C
Vanilla Sugar Cream Wafer Cookie	PCR-C-046
Vanilla Bagar Gream Harer Goonie	
Snacks	
Beef Snacks, Cured	A-A-20298, Type II, Style A, Flavor 1
Cheese Spread, Plain or with Jalapeno Peppers	MIL-C-595E, Type I or II
Chocolate Sports Bar	PCR-C-0004
Crackers, Plain	MIL-C-44112D, Type I
Crackers, Vegetable	MIL-C-44112D, Type II
Jelly, Apple or Grape	A-A-20078A, Type I, Apple or Grape,
	Grade A
Noodles, Chow Mien	A-A-20112B
Nuts, Peanuts, Dry Roasted, Salted	A-A-20164B, Type V, Style A
Nut Raisin Mix	PCR-N-002, Style C
Preserves (Jam), Blackberry or Strawberry Peanut Butter	A-A-20079A, Type I, Group 1, Grade A A-A-20328, Style I, Class A, Texture 1,
realluc Duccel	Type a, Fortification b, Package C
Snack Foods, Potato Sticks	A-A-20195B, Type I
Snack Foods, Pretzels	A-A-20195B, Type II, Style A, B, C, D
onder 100dby 11cc2c1b	or E
Snack Foods, Filled Pretzels, Cheddar or	A-A-20195B, Type II, Style F, Flavor 1
Nacho Cheese	or 2
Snack Bread, Wheat	PCR-S-009, Type I
Candy	
Pan Coated Disks; Chocolate, Fruit Flavored,	A-A-20177B, Type VI, Flavor 1, 2, 3 or 4
Chocolate with Crisped Rice, Chocolate with	
Peanut Butter	
Hard Candy, Fruit Tablets	A-A-20177B, Type IV, Style A or B
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TABLE I. Components (cont'd)

Component	Reference
Beverages Beverage Base, Powdered, Orange, Lemon-Lime, Grape or Cherry Cocoa Beverage Powder Coffees, Flavored, Instant Cappuccino, Powdered,	A-A-20098B, Type II, Flavor 1, 4, 5 or 6, Fortification b, Packaging C MIL-C-3031J, Type I, Class 1 A-A-20336, Type II, Style A,
Mocha or French Vanilla  Dairyshake Powder, Fortified with Calcium and  Vitamin D, Vanilla, Chocolate or Strawberry	Flavor 1, 2 PCR-D-002, Flavor I, II, or III
Other Items	
Barbecue Sauce	A-A-20335, Flavor I, Type B
Picante Sauce	A-A-20259, Type II
Ration Supplement, Flameless Ration Heater (FRH)	MIL-R-44398B
Spoon	A-A-3109, Type IV, Item 13

B. Accessory components. Accessory components are specified in Table II.

TABLE II. Accessory Components

TADLE II. ACC	essory components	
Component	Reference	Packet
Apple Cider, Beverage Base, Powdered	A-A-20098B, Type II, Fortification	D
	b, Flavor 12, 17 g	
Candy, Vanilla Caramels or Chocolate Rolls	A-A-20177B, Type I or II	B 1/,2/
Chewing Gum	A-A-20175A, Type I, Flavor 1 or 2	All
Coffee, Instant	A-A-20184, Type III, Style A	А, В
Creamer, Non-Dairy, Dry	A-A-20043A, Package C	A, B, E
Hand Cleaner (towelette)	A-A-461B, Type II	All
Hot Sauce	A-A-20097C, Type II, 1/8 fl. oz.	A, C, E
		<u>3</u> /
Matches	A-A-59489, Type I, Class A	Āll
Red Pepper, Ground	A-A-20001	В
Seasoning Blend, Salt Free	A-A-20001	D
Salt	Monograph, 4 gram	All
Sugar	A-A-20135B, Type I, Class 1, 1/7 oz	A, B, E
Tea, Instant, with Sweetener and Lemon	A-A-20183A, Type I, Style B, Flavor	C, D
Flavor	2, Package C, 16 g	
Tea Bag	A-A-20033C, Type I	E 4/
Toilet Tissue	A-A-59594	All

 $<sup>\</sup>underline{1}/$  Candy shall be procured in equal quantities and assembled in a uniform distribution.

<sup>2</sup>/ Alternatively, candy may be packaged in a heat sealable barrier material one layer of which is a minimum of 0.00025 inch thick aluminum foil.

<sup>3</sup>/ Alternatively, hot sauce may be packed loose in the meal bag.

 $<sup>\</sup>frac{4}{1}$  The tea bag shall be over wrapped in a heat sealable barrier material one layer of which is a minimum of 0.00025 inch thick aluminum foil.

# C. Contents. The contents of each meal are specified in Table III.

	TABLE III. Contents	
Menu #1 Beefsteak with mushrooms Western beans Jelly 1/ Crackers Dairyshake 1/ Accessory packet B Spoon Flameless ration heater	Menu #2 Pork rib Clam chowder Cheese spread Two wheat snack bread Beverage base, powdered 1/ Accessory packet A Spoon Flameless ration heater	Menu #3 Beef ravioli Potato sticks Fudge brownie Cheese spread Crackers Beverage base, powdered 1/ Accessory packet A Spoon Flameless ration heater
Menu #4 Country captain chicken Buttered noodles Toaster pastry Cheese spread Crackers Mocha cappuccino Candy 2/ Accessory packet A Spoon Flameless ration heater	Menu #5 Chicken breast Minestrone stew Pound cake 3/ Cheese spread, Jalapeno Wheat snack bread Candy 2/ Accessory packet D Spoon Flameless ration heater	Menu #6 Chicken in Thai sauce Yellow/wild rice pilaf Nut raisin mix Peanut butter Crackers, vegetable French vanilla cappuccino Accessory packet E Spoon Flameless ration heater
Menu #7 Chicken with salsa Mexican rice Shortbread cookie Cheese spread, Jalapeno Crackers, vegetable Candy 2/ Accessory packet C Spoon Flameless ration heater	Menu #8 Beef patty Nacho cheese pretzels Cheese spread Two wheat snack bread Beef strip Beverage base, powdered 1/ BBQ sauce Accessory packet C Spoon Flameless ration heater	Menu #9 Beef stew Jelly 1/ Crackers Chocolate disk cookie Dairyshake 1/ Accessory packet A Spoon Flameless ration heater
Menu #10 Chili and macaroni Chocolate mint cookie Cheese spread, Jalapeno Wheat snack bread Cocoa beverage powder Accessory packet B Spoon Flameless ration heater	Menu #11 Vegetarian Pasta with vegetables in tomato sauce Applesauce, carbohydrate enhanced Pound cake 3/ Peanut butter Crackers Hard candy 2/ Accessory packet D Spoon Flameless ration heater	Menu #12 Vegetarian Black bean and rice burrito Wet pack fruit 1/ Fudge brownie Peanut butter Crackers Hard candy 2/ Picante sauce Accessory packet D Spoon Flameless ration heater

	TABLE III. Contents (cont'd)	
Menu #13 Vegetarian	Menu #14 Vegetarian	Menu #15
Cheese tortellini	Vegetable manicotti	Beef enchilada
Applesauce	Wet pack fruit 1/	Mexican rice
Pound cake 3/	Pound cake 3/	Chocolate chip cookies
Peanut butter	Dry roasted peanuts	Cheese spread, Jalapeno
Crackers	Peanut butter	Crackers, vegetable
Hard candy 2/	Crackers	Beverage base, powdered 1/
Accessory packet D	Accessory packet D	Accessory packet A
Spoon	Spoon	Spoon
Flameless ration heater	Flameless ration heater	Flameless ration heater
Menu #16	Menu #17	Menu #18
Chicken with noodles	Beef teriyaki	Turkey breast with gravy and
Raspberry applesauce	Chow mein noodles	potatoes
Fig bar	Shortbread cookie	Cheddar cheese pretzels
Cheese spread	Jam 1/	Peanut butter
Crackers, vegetable	Wheat snack bread	Crackers
Candy 2/	Candy 2/	Chocolate sports bar
Cocoa beverage powder	Beverage base, powdered 1/	Beverage base, powdered 1/
Accessory packet A	Accessory packet E	Accessory packet A
Spoon	Spoon	Spoon
Flameless ration heater	Flameless ration heater	Flameless ration heater
Fiduleiess facton heater	riameless facton heater	riameless facton heater
Menu #19	Menu #20	Menu #21
Beef roast with vegetables	Spaghetti with meat sauce	Chicken tetrazzini
Spiced apple slices	Cheese spread	Chocolate covered oatmeal
Oatmeal cookie	Wheat snack bread	cookie
Cheese spread	Hard candy 2/	Dairyshake 1/
Crackers	Dairyshake 1/	Jam 1/
Cocoa beverage powder	Accessory packet A	Crackers
Accessory packet A	Spoon	Accessory Packet B
Spoon	Flameless ration heater	Spoon
Flameless ration heater	Trameress racion neader	Flameless ration heater
Trameress racion neacci		Trameress racion neacer
Menu #22	Menu #23	Menu #24
Jambalaya	Chicken with cavatelli	Meatloaf with gravy
Pound cake 3/	Pretzels	Mashed potatoes
Cheese spread, Jalapeno	Pound cake $3/$	Vanilla wafer cookie
Wheat snack bread	Peanut butter	Jelly 1/
Beverage base, powdered 1/	Wheat snack bread	Crackers
Candy 2/	Beverage base, powdered 1/	Cocoa beverage, powder
	I —	
Accessory packet A	Accessory packet A	Accessory packet B
Spoon	Spoon	Spoon
Flameless ration heater	Flameless ration heater	Flameless ration heater

- 1/ Flavors shall be procured in equal quantities and assembled in a uniform distribution.
- $\underline{2}$ / Chocolate disks, fruit flavored disks, chocolate disks with crisped rice and chocolate disks with peanut butter shall be procured in equal quantities and assembled in a uniform distribution within menus 4, 5, 7, 16, 17 and 22. Hard candy fruit tablets shall be procured for menus 11, 12, 13, and 20.
- $\underline{3}$ / Flavors 1, 4, 6, 7, 8 and 9 shall be procured in equal quantities and assembled in a uniform distribution. Not more than two meals in any shipping container shall contain the same flavor of cake.

### SECTION D

### D-1 PACKAGING

## A. Components.

- (1) <u>Subassembly packet/accessory packet</u>. The subassembly packet/accessory packet shall be a preformed packet or a form-fill-seal packet. Dimensions shall be sufficient to contain all components and be compatible with the meal bag. Seals shall be a minimum 1/8 inch wide. A tear notch or serrated edge shall be located on one or more seals. The average seal strength of the packet seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed packet shall exhibit no rupture or seal separation greater than 1/16 inch or seal separation that reduces the effective closure seal width to less than 1/16 inch when tested for internal pressure resistance as specified in E,C,(5),a.
- a. Subassembly packet/accessory packet A, C, D, and E. The packet shall be made from polymeric films or film combinations with adequate strength and thickness to contain and protect the components. The water vapor transmission rate (WVTR) of the film shall not exceed 6.2 gm/m $^2$ /24hrs/90%rh/100°F when tested in accordance with ASTM F 372, Standard Test Method for Water Vapor Transmission Rate of Flexible Barrier Materials Using an Infrared Detection Technique; ASTM E 96, Standard Test Methods for Water Vapor Transmission of Materials or Method 3030 of FED-STD-101, Test Procedures for Packaging Materials. The exterior color of the packet shall be clear or tan.
- b. <u>Subassembly packet/accessory packet B</u>. The preformed packet or the flat sheet form-fill-seal packet designs shall be fabricated from 0.0015 inch thick polyethylene bonded to 0.00035 inch thick aluminum foil which is bonded to 0.0005 inch thick polyester. Tray-shaped bodies and tray-shaped covers used in form-fill-seal packet designs shall be fabricated from 0.0015 inch thick polyethylene bonded to 0.0005 inch thick aluminum foil with 7 pound per ream low density polyethylene extrusions resin which is bonded to 0.00075 inch thick polyester with 10 pound per ream low density polyethylene extrusions resin. All tolerances for thickness of pouch materials shall be plus or minus 20 percent. The exterior color of the packet shall conform to number 20219, 30045, 30099, 30108, 30111, 30117, 30118, 30219, 30227, 30279, 30313, 30324, 30450 34052, 34064, 34079, 34086 or 34087 of FED-STD-595, Colors Used in Government Procurement. If candy is overwrapped in a foil-based barrier pouch, the subassembly packet/accessory packet may be constructed in accordance with D-1,A,(1),a.
- (2) Time-temperature indicator (TTI) label. The TTI label shall be a 3/4 inch square, bull's-eye type, pressure sensitive adhesive label. The TTI label shall have an activation energy (Ea) of 24-30 kcal/mole, be protected from ultraviolet radiation and have a shelf life of 1100 days at  $80^{\circ}F$  as pivot point.
- (3) Meal bag. The meal bag shall be made from food grade, low density polyethylene (LDPE) tubing. Polyethylene shall have a minimum thickness of 0.010 inch. Inside dimensions of the bag shall not exceed 8-1/8 x 12-1/2 inches. The color of the bag shall conform to number 20219, 30219, 30227, 30279, 30313, 30324 or 30450 of FED-STD-595. The manufacturer's seal shall be a minimum 1/8 inch wide, continuous, peelable seal that forms a hermetic closure. The seal shall be designed with an inverted "V" shaped peel indicator along the seal path (see Figure 1). The seal strength of each seal shall be not less than 4 pounds per inch of width and the peelable seal shall be not greater than 10 pounds per inch of width.

## B. Assembly.

- (1) <u>Subassembly packet/accessory packet assembly</u>. One of each applicable component as described in Table II shall be inserted in a packet. For a preformed packet, contents shall be inserted in the pouch and the pouch shall be closed with a heat seal not less than 1/8 inch wide. For a form-fill-seal packet, components shall be placed in the body and the cover applied by heat sealing with a seal not less than 1/8 inch wide. The closure seal shall be free of foldover wrinkles or entrapped matter that reduces the effective seal width to less than 1/16 inch. The average seal strength of the packet seals shall be not less than 3.5 pounds per inch of width and no individual specimen shall have a seal strength of less than 3.0 pounds per inch of width. As an alternative to the seal strength requirement, the filled and sealed pouch shall exhibit no rupture or seal separation greater than 1/16 inch or seal separation that reduces the effective closure seal width to less than 1/16 inch when tested for internal pressure resistance as specified in E,C,(5),c. The sealed accessory packets shall not show any evidence of delamination.
- (2) <u>Meal assembly</u>. Each applicable component for each meal as described in Table III shall be inserted in a meal bag. The bag shall be closed with a heat seal not less than 1/8 inch wide. The closure seal shall have a seal strength of not less than 4 pounds per inch of width. The sealed meal bag shall not show any evidence of foreign odor.

### D-2 LABELING

- A. <u>Subassembly packet/accessory packet</u>. The subassembly packet/accessory packet shall be printed on one face in dark contrasting color permanent ink with 'A', 'B', 'C', 'D' or 'E', as applicable. Alternatively, the accessory packet letter may be embossed in the seal of non-foil accessory packets.
- B. <u>Meal bag</u>. Each meal bag shall be printed on at least one face in dark brown ink with the information contained in Figure 1. Continuous printing is acceptable provided that the complete markings appear uninterrupted on at least one face of the bag.

### D-3 PACKING

A. Packing. Twelve meals shall be packed in a fiberboard box. Case "A" shall contain meals 1 through 12, case "B" shall contain meals 13 through 24. The fiberboard box shall conform to RSC-L, grade V2s of ASTM D 5118/D 5118M. The box liner shall be a full inside width box liner fabricated from grade W5c fiberboard in accordance with ASTM D 5118/D 5118M, Standard Practice for Fabrication of Fiberboard Shipping Boxes; except the terminal ends of the liner shall overlap a minimum of 2 inches and no fastening of the overlap is required. The box shall be closed in accordance with closure method 2A1 of ASTM D 1974, Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes; except the gap between the outer flaps shall be not more the 3/4 inch wide. Each box shall be reinforced with two girthwise nonmetallic straps. The inside dimensions of the box shall be 16-11/16 inches in length, 9-1/8 inches in width and 10-1/4 inches in depth.

### D-4 UNITIZATION

A. <u>Unit loads</u>. Forty-eight boxes shall be arranged in unit loads in accordance with type I, class B of DSCP Form 3507, Loads, Unit: Preparation of Semiperishable Subsistence Items. Each load shall have 24 "A" cases and 24 "B" cases. At least two boxes in each tier shall be oriented to display the TTI label.

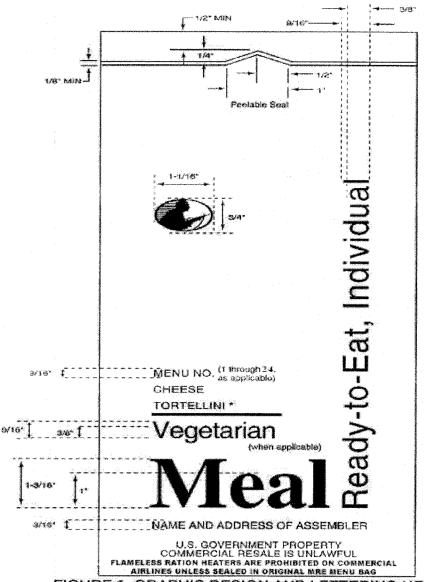
### D-5 MARKING

- A. <u>Shipping containers</u>. Shipping containers shall be marked in accordance with DPSC Form 3556, Marking Instructions for Shipping Cases, Sacks and Palletized/Containerized Loads of Perishable and Semiperishable Subsistence and as specified in the contract with the following exceptions:
- (1) Identification markings normally placed on an end of the shipping container shall read from top to bottom, left to right, when the shipping container is rotated from its upright position onto its side for palletization. The major flaps of the shipping container closure immediately to the right of the marked end of the shipping container shall bear the following marking:

Contract data and other required markings
Date of pack
Lot number
Case A or B, as applicable
U.S. GOVERNMENT PROPERTY - COMMERCIAL RESALE IS UNLAWFUL
NOTE: WATER ACTIVATED Flameless Ration heater,
NSN 8970-01-321-9153, supplied in each MRE bag

Time Temperature Indicator label shall be centrally positioned on the panel. A minimum distance (quiet zone) of 1/4 inch from the nearest identification marking shall be maintained.

- (2) One side panel of shipping container shall be marked "MEAL, READY TO EAT, INDIVIDUAL" in letters not less than 1-1/4 inches high. Underneath the ration nomenclature, in letters not less than 1 inch, the shipping container shall be marked "DO NOT ROUGH HANDLE WHEN FROZEN ( $0^{0}$ F or below)"
- B. <u>Unit loads</u>. Unit loads shall be marked in accordance with DPSC Form 3556. In addition, each unit load shall be provided with a Material Safety Data Sheet (MSDS), in accordance with MIL-R-44398. The MSDS shall be placed inside a clear plastic sleeve and securely attached to one side of the unit load with tape or pressure sensitive adhesive. A copy of the MSDS must be included with the shipping papers and a copy must also be placed in the vehicle manifest.



## FIGURE 1. GRAPHIC DESIGN AND LETTERING HEIGHT \*\*

- \* Name of applicable entree component as listed in table III component column
- \*\* A tolerance of plus or minus 1/16 inch is applicable to letter height requirements

## SECTION E INSPECTION AND ACCEPTANCE

The following quality assurance criteria, utilizing ANSI/ASQC Z1.4-1993, Sampling Procedures and Tables for Inspection by Attributes, are required. When required, the manufacturer shall provide the certificate(s) of conformance to the appropriate inspection activity. Certificate(s) of conformance not provided shall be cause for rejection of the lot.

#### A. Definitions.

- (1) <u>Critical defect</u>. A critical defect is a defect that judgment and experience indicate would result in hazardous or unsafe conditions for individuals using, maintaining, or depending on the item; or a defect that judgment and experience indicate is likely to prevent the performance of the major end item, i.e., the consumption of the ration.
- (2) <u>Major defect</u>. A major defect is a defect, other than critical, that is likely to result in failure, or to reduce materially the usability of the unit of product for its intended purpose.
- (3) Minor defect. A minor defect is a defect that is not likely to reduce materially the usability of the unit of product for its intended purpose, or is a departure from established standards having little bearing on the effective use or operation of the unit.
- B. <u>Conformance inspection</u>. Conformance inspection shall include the examinations/tests and the methods of inspection cited in this section.

### C. Packaging examination.

(1) <u>Pouch material certification</u>. Material listed below may be accepted on the basis of a contractor's certification of conformance to the indicated requirements. In addition, compliance to the requirements for inside pouch dimensions and dimensions of manufacturer's seals may be verified by certificate of conformance.

Requirement	Requirement paragraph	Test procedure
Thickness of meal bag and subassembly/accessory packet material	D-1,A,(1),b and D-1,A,(3)	ASTM D 2103 <u>1</u> /
Color of meal bag and subassembly/accessory packet	D-1,A,(1),a and $b,$ and $D-1,A,(3)$	Visual evaluation and FED-STD-595, as applicable $\underline{2}/$
Aluminum foil thickness	D-1,A,(1),b	ASTM B 479 <u>3</u> /
Laminated material Identification and construction	D-1,A,(1),b	Laboratory evaluation
Water vapor transmission rate	D-1,A,(1),a	ASTM F 372, ASTM E 96 or Method 3030 of FED-STD-101 4/

 $<sup>\</sup>underline{1}/$  ASTM D 2103 Standard Specification for Polyethylene Film and Sheeting

- 2/ FED-STD-595 Colors Used in Government Procurement
- 3/ ASTM B 479 Standard Specification for Annealed Aluminum and Aluminum-Alloyed Foil for Flexible Barrier, Food Contact and Other Applications
- 4/ ASTM E 96 Standard Test Methods for Water Vapor Transmission of Materials

ASTM F 372 Standard Test Method for Water Vapor Transmission Rate of Flexible Barrier Materials Using an Infrared Detection Technique

FED-STD-101 Test Procedures for Packaging Materials

(2) Accessory packet examination. The filled and sealed packets shall be examined for the defects listed in Table IV. The lot size shall be expressed in packets. The sample unit shall be one packet. The inspection level shall be S-4 and the acceptable quality level (AQL), expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects.

TABLE IV. Accessory packet defects

Category	7	Defect
Major Minor 101 Not clean. 1/		Not clean. $1/$
	201	Seal width less than $1/16$ inch. $2/$
	202	Tear notch or serrations missing.
	203	Tear, hole, or open seal.
	204	Evidence of delamination, as applicable.
	205	Label missing, incorrect, or illegible.

- 1/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (for example, glass, metal fillings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:
- a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.
- b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one pouch face.
- 2/ An effective seal is defined as any uncontaminated, fusion bonded, continuous path, minimum 1/16 inch wide, producing a hermetically sealed pouch.
- (3) Accessory packet contents examination. The filled and sealed packets shall be examined for the defects listed in Table V (this examination may be performed on the preformed packets after filling and prior to sealing). The lot size shall be expressed in packets. The sample unit shall be one packet open or sealed. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 1.5 for major defects and 4.0 for minor defects.

TABLE V. Accessory packet contents defects

Category		Defect
Major	Minor	
101		Missing or crushed candy.
102		Component not clean. $\underline{1}/$
103		Plastic shrink film missing from around screw cap of hot sauce bottle or hot sauce bottle leaking.
	201	Missing or unserviceable component (for example, tear, hole, or open seam in coffee, tea, cream substitute, sugar, salt, or hand cleaner; or crushed gum.)

- 1/ Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (for example, glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:
- a. Foreign matter which presents no health hazard or potential package damage and which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.
- b. Localized dried product which affects less than 1/8 of the total surface area of one package face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one package face.
- (4) Assembled meal bag examination. The filled and sealed meal bags shall be inspected for the defects listed in Table VI. The lot size shall be expressed in bags. The sample unit shall be one bag. The inspection level shall be S-4 and the AQL, expressed in terms of defects per hundred units, shall be 2.5 for major defects and 4.0 for minor defects. A minimum of 50 samples shall be examined for critical defects. The finding of any critical defect shall be cause for rejection of the lot. The inspection sample shall contain a proportionate amount of each of the meals.

TABLE VI. Assembled meal bag defects

	Category		LE VI. Assembled meal bag defects  Defect
Critical 1	<u>Major</u>	Minor	Tear, hole, or puncture through carton or open carton causing a hole in the pouch or obviously wet or stained carton due to leaking pouch. $\underline{1}/$
2			Tear, hole, or puncture in cheese spread.
3			Swollen cheese spread pouch, or swollen pouch or carton of thermostabilized item.
	101		Tear or hole in carton exposing pouch to potential damage.
	102		Menu component missing or incorrect assortment for menu package.
	103		Not clean, the meal bag or any of the outer packaging of its contents. $\underline{2}/$
	104		Foreign odor.
	105		Labeling missing, incorrect, or illegible.
	106		Swollen peanut butter, jelly or jam pouch.
	107		Tear, hole, puncture, or open seal in component packages.
	108		Crushed or broken component. $3/$
	109		Broken spoon.
	110		Chocolate toffee rolls or vanilla caramels not packaged in aluminum foil barrier bag or B accessory packet.
		201	Tear, hole, open seal, or split in meal bag.
		202	Tear, hole, puncture, or open seal in subassembly packet/accessory packet.
		203	Thermostabilized carton flaps open or tear or hole in carton not exposing pouch to potential damage.
		204	Inverted "V" shaped peel indicator missing or not located as specified.

<sup>1/</sup> Applies to cartoned items.

 $<sup>\</sup>underline{2}$ / Outer packaging shall be free from foreign matter, which is unwholesome, has the potential to cause package damage (i.e. glass, metal filings, etc.), or generally detracts from the clean appearance of the package. The following examples shall not be scored as defects for unclean:

a. Foreign matter which presents no health hazard or potential package damage and

which can be readily removed by gently shaking the package or by gently brushing the package with a clean dry cloth.

- b. Localized dried product which affects less than 1/8 of the total surface area of one pouch face, or an aggregate of scattered dried product which affects less than 1/4 of the total surface area of one pouch face.
- 3/ For definition of crushed or broken, refer to applicable ration component document.
- (5) <u>Seal testing</u>. The pouch seals shall be tested for seal strength or internal pressure resistance as required in a, b, c, or d, as applicable.
- a. Unfilled preformed subassembly packet/accessory packet pouch. The seals of the unfilled preformed pouches for the subassembly packet/accessory packet shall be tested for seal strength in accordance with ASTM F 88, Seal Strength of Flexible Barrier Materials. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection shall be level S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. Three specimens shall be cut from each of the three sealed sides of each pouch in the sample. The average seal strength of any side shall be calculated by averaging the results of the three specimens cut from that side. Any test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored as a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the number of pouches indicated by inspection level S-1. If a three seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and bottom seals of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table IV, footnote 2/) shall be considered a test failure and shall be cause for rejection of the lot.
- b. <u>Unfilled meal bag</u>. The seals of the unfilled meal bags shall be tested for seal strength in accordance with ASTM F 88. The lot size shall be expressed in bags. The sample unit shall be one bag. The sample size shall be the number of bags indicated by inspection level S-1. Three specimens shall be cut from the sealed end of each bag in the sample. Samples shall not be taken from the inverted "V" peel initiation. Any specimen with a seal strength less than 4 pounds per inch of width or greater than 10 pounds per inch of width shall be cause for rejection of the lot.
- c. <u>Subassembly packet/accessory packet pouch closure</u>. The closure seals of the pouches for the subassembly packet/accessory packet shall be tested for seal strength in accordance with ASTM F 88. The lot size shall be expressed in pouches. The sample unit shall be one pouch. The inspection level shall be S-1 and the AQL, expressed in defects per hundred units, shall be 10.0. For the closure seal on preformed pouches, three adjacent specimens shall be cut from the closure seal of each pouch in the sample. For the form-fill-seal pouches, three specimens shall be cut from each side and each end of each pouch in the sample. The average seal strength of any side, end or closure shall be

calculated by averaging the three specimens cut from that side, end or closure. Any test specimen failing to meet a seal strength of 3 pounds per inch of width shall be scored as a major defect. Any average seal strength of less than 3.5 pounds per inch of width shall be cause for rejection of the lot. Alternatively, the internal pressure resistance shall be determined by pressurizing the pouches while they are restrained between two rigid plates. The sample size shall be the number of pouches indicated by inspection level S-1. If a three seal tester (one that pressurizes the pouch through an open end) is used, the closure seal shall be cut off for testing the side and bottom seals of the pouch. For testing the closure seal, the bottom seal shall be cut off. The pouches shall be emptied prior to testing. If a four-seal tester (designed to pressurize filled pouches by use of a hypodermic needle through the pouch wall) is used, all four seals can be tested simultaneously. The distance between rigid restraining plates on the four-seal tester shall be equal to the thickness of the product +1/16 inch. Pressure shall be applied at the approximate uniform rate of 1 pound per square inch gage (psig) per second until 14 psig pressure is reached. The 14 psig pressure shall be held constant for 30 seconds and then released. The pouches shall then be examined for separation or yield of the heat seals. Any rupture of the pouch or evidence of seal separation greater than 1/16 inch in the pouch manufacturer's seal shall be considered a test failure. Any seal separation that reduces the effective closure seal width to less than 1/16 inch (see table IV, footnote 2/) shall be considered a test failure and shall be cause for rejection of the lot.

- d. Meal bag closure. The closure seals of the meal bags shall be tested for seal strength in accordance with ASTM F 88. The lot size shall be expressed in bags. The sample unit shall be one bag. The sample size shall be the number of bags indicated by inspection level S-1. Three specimens shall be cut from the closure seal of each bag in the sample. Any specimen with a seal strength less than 4 pounds per inch of width shall be cause for rejection of the lot.
- (6) Unfilled meal bag and unfilled preformed subassembly packet/accessory packet pouch seal certification. A certificate of conformance may be accepted as evidence that unfilled bags or pouches conform to the seal strength requirements specified in D-1,A,(1) and (3). When deemed necessary by the USDA, seal testing of the unfilled bags or pouches shall be as specified in E,C,(5), a and b.

# D. Packing.

(1) Shipping container and marking examination. The filled and sealed shipping containers shall be examined for the defects listed in Table VII. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container fully packed. The inspection level shall be S-3 and the AQL, expressed in terms of defects per hundred units, shall be 4.0 for major defects and 10.0 for total defects.

TABLE VII. Shipping container and marking defects

Category		Defect
Major 101	Minor	Marking omitted, incorrect, illegible, or improper size, location sequence or method of application.
102		Outer flaps do not completely meet, leaving an opening greater than 3/4 inch between flap ends.
103		Inadequate workmanship. $\underline{1}/$
104		Missing meal. $\underline{2}/$
105		Not one of each menu specified.
	201	Time-temperature indicator missing or not centrally located on panel.
	202	Time-temperature indicator 1/4 inch quiet zone not maintained.

 $<sup>\</sup>underline{1}$ / Inadequate workmanship is defined as, but not limited to, incomplete closure of container flaps, loose strapping, inadequate stapling, improper taping, or bulged or distorted container.

- 2/ Each missing meal is a defect.
- (2) Flap closure testing. The lot size shall be expressed in shipping containers. The sample unit shall be one shipping container. The inspection level shall be S-2 and the AQL, expressed in terms of defects per hundred units, shall be 4.0. The closure of the four outer flaps of the container shall be tested separately. A 90 degree angular bar with each leg approximately 5 inches long by 3 inches wide by 1/8 inch thick shall be used to test the flap closures. Insert one leg of the angular bar full length under the center of one outer flap. Insertion shall be made through the open slot between the outer flaps. Lift the container vertically by the other leg of the bar until the container is suspended. The complete upper surface of the inserted leg shall be in contact with the inner surface of the flap during the lifting and suspension of the container. Complete separation of the adhesive bond of one or more of the outer flaps, showing no evidence of fiber tear, shall be scored as a major defect.
- E. <u>Unit load examination</u>. The unit load shall be examined in accordance with the requirements of DSCP Form 3507. Any nonconformance shall be classified as a major defect.

### SECTION J REFERENCE DOCUMENTS

GOVERNMENT STANDARDS

DSCP FORM

DSCP FORM 3507 - Loads, Unit: Preparation for Semiperishable Subsistence Items

DPSC FORM 3556 - Marking Instructions for Shipping Cases, Sacks and Palletized/Containerized Loads of Perishable and Semiperishable

#### FEDERAL STANDARD

FED-STD-101 - Test Procedures for Packaging Materials

FED-STD-595 - Colors Used in Government Procurement

#### NON-GOVERNMENTAL STANDARDS

AMERICAN SOCIETY FOR QUALITY CONTROL (ASQC)

 ${\tt ANSI/ASQCZ1.4-1993}$  - Sampling Procedures and Tables for Inspection by Attributes

#### AMERICAN SOCIETY FOR TESTING AND MATERIALS (ASTM)

- B 479 Standard Specification for Annealed Aluminum and Aluminum-Alloyed Foil for Flexible Barrier, Food Contact and Other Applications
- D 1974 Standard Practice for Methods of Closing, Sealing, and Reinforcing Fiberboard Boxes
- D 2103 Standard Specification for Polyethylene Film and Sheeting
- D 5118/D 5118M Standard Practice for Fabrication of Fiberboard Shipping Boxes
- E 96 Standard Test Methods for Water Vapor Transmission of Materials
- F 88 Standard Test Method for Seal Strength of Flexible Barrier Materials
- F 372 Standard Test Method for Water Vapor Transmission Rate of Flexible Barrier Materials Using an Infrared Detection Technique